



# Asthma Health Care Plan

Name of Child: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Parent/Guardian Name \_\_\_\_\_ Phone: \_\_\_\_\_

Physician's Name: \_\_\_\_\_ Phone: \_\_\_\_\_

**The following information should be completed by the child's health care provider.**

Severity:  Mild  Mild Persistent  Moderate  Moderate Persistent

**Check All Triggers:**

<input type="checkbox"/> Cleaning Products	<input type="checkbox"/> Exercise	<input type="checkbox"/> Pet Dander
<input type="checkbox"/> Cold/Flu	<input type="checkbox"/> Food	<input type="checkbox"/> Smoke
<input type="checkbox"/> Cut Flowers, Grass, Pollen	<input type="checkbox"/> Odors/Fragrances	<input type="checkbox"/> Sudden Temperature Change
<input type="checkbox"/> Dust Mites	<input type="checkbox"/> Ozone Alert	
<input type="checkbox"/> Other: _____		

**Suggested classroom strategies to support this child's needs:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Specific Medical Information:**

Medications to be administered:\*  Yes  No If yes, medication to be administered and potential side effects:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

*\*For complete medication administration information, it may be necessary for the medical provider and parent/guardian to complete the Medical Authorization Form.*

Potential consequences to child if treatment is not administered: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Staff Training Needs: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Additional Emergency Procedures/Instructions (including when 911 should be called): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**GOOD (Green Zone)**

If the child: <ul style="list-style-type: none"> <li>• is breathing regularly</li> <li>• Has no coughing or wheezing</li> <li>• can engage in active play</li> </ul>	What to do: <ul style="list-style-type: none"> <li>• Allow current activity</li> </ul>	Medication: <ul style="list-style-type: none"> <li>• *As needed medication* not needed</li> <li>• Regular medication to be given as ordered</li> </ul>
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**CAUTION (Yellow Zone)**

<p>If the child has:</p> <ul style="list-style-type: none"> <li>• Early signs of a cold (runny nose, sneezing)</li> <li>• Exposure to a known trigger</li> <li>• Coughing</li> <li>• Mild wheezing</li> <li>• Chest tightness</li> </ul>	<p>What to do:</p> <ul style="list-style-type: none"> <li>• Cease current activity</li> <li>• if the child is outdoors bring inside</li> <li>• observe breathing before and after the treatment (15 minutes)</li> </ul>	<p>Medication:</p> <ul style="list-style-type: none"> <li>• Administer the "As needed medication" per the Medication Authorization Form and follow directions for use.</li> <li>• Monitor breathing status if no improvement, follow the steps for the DANGER (Red Zone)</li> </ul>
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**DANGER (Red Zone)**

<p>If the child has:</p> <ul style="list-style-type: none"> <li>• The medications are not helping within 15-20 minutes of administration.</li> <li>• Breathing is becoming hard and fast</li> <li>• Nose (nostrils) open wide</li> <li>• Ribs are showing</li> <li>• Lips, fingernails or mouth area are blue or blue gray in color</li> <li>• Trouble walking or talking</li> </ul>	<p>What to do:</p> <ul style="list-style-type: none"> <li>• Call 911</li> <li>• Stay with the child - Stay calm</li> <li>• Ancillary staff notify the parent/guardian</li> <li>• Accompany the child to ER</li> <li>• Complete an Incident Report within 24 hours</li> </ul>	<p>Medication:</p> <ul style="list-style-type: none"> <li>• Medication available has already been given with no relief</li> <li>• Notify EMS staff the type of medication and the time it was given.</li> </ul>
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**Staff Training**

Staff may be trained by: \_\_\_\_\_

The following staff have been trained on the child's medical conditions:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Parent/Guardian Acknowledgement Statement**

To ensure the safety of your child we cannot delete a health care diagnosis which has previously been documented unless we have a signed note from the child's physician stating the condition no longer exists; nor can we add an item(s) or change a medication without a signed note from the child's physician.

I understand that Gottlieb Child Development Center requires the most up-to-date information regarding my child's health. I also understand that for the safety of my child, my child's photograph and health information will be posted in the classrooms and kitchen.

<p>_____</p> <p>PARENT/GUARDIAN SIGNATURE</p>	<p>_____</p> <p>DATE</p>
<p>_____</p> <p>PARENT/GUARDIAN SIGNATURE</p>	<p>_____</p> <p>DATE</p>
<p>_____</p> <p>PARENT/GUARDIAN SIGNATURE</p>	<p>_____</p> <p>DATE</p>

***This plan must be updated annually or whenever there is any change in treatment or the child's condition changes.***