



How to Prepare for Your Patency Capsule

IMPORTANT - Please read these instructions at least 2 weeks before your appointment. Only follow these instructions if you have received them from your physician or the Loyola GI Lab.

PLEASE TRY TO KEEP YOUR ORIGINALLY SCHEDULED APPOINTMENT

If you must cancel or reschedule your appointment, please call **708-216-0464** with at least **SEVEN DAYS** notice so another patient can be offered the time slot.

Follow all of the instructions in this handout **EXACTLY** as they are written.

PREPARING FOR YOUR PROCEDURE:

7 Days Before Your Procedure

- Call **708-216-0464** if you are unable to keep your appointment and need to reschedule.

The Day Before Your Procedure

- You may have a small, low fat breakfast and a small, low fat lunch.
- Beginning at 1pm, you can only drink liquids. Do **NOT** eat any more solid food.
- Do **NOT** drink alcohol on the day before the procedure or the day of the procedure.
- Do **NOT** have anything to eat or drink after midnight.

The Day Of Your Procedure

- Take all other medications ordered by your doctor. On the day of your procedure, take your medications with a sip of water.
- You should arrive to the GI Lab at least **30 minutes** before your scheduled procedure time.
- Bring a list of all your medications with you.
- **PLEASE DO NOT BRING ANY VALUABLES WITH YOU ON THE DAY OF YOUR APPOINTMENT.**

After Your Procedure

- After swallowing the capsule you can resume normal activities, but do **NOT** eat or drink anything for two hours
- After two hours have passed, you can have liquids.
- After four hours have passed, you can return to your normal diet
- Check your stool that day to look for the capsule. It is disposable and should be flushed with the stool if you see it. You do **NOT** need to save the capsule.

The Day After Your Procedure

- Please return the following day (about 30 hours after swallowing the capsule) to have an X-ray to see if the capsule is gone or not, as it may pass with your stool without you seeing it.
- If the capsule is still there, it will dissolve on its own.

Questions

If you have any questions about how to take your bowel preparation, please call:

- During normal business hours: **708-216-0464**
- After-hours: Physician Answering Service **708-216-8000**, and ask for the GI Fellow on Call

Last Reviewed 3-19

This information is intended for distribution to individual patients of the Loyola University Health System. It is not intended for general use by the public and should not be used for diagnosing or treating a health problem or disease without consultation of a qualified health care professional.

For more information on health topics and Loyola University Health System services please see our website at www.loyolamedicine.org

A Member of Trinity Health

© 2019 Loyola University Health System. All Rights Reserved. • March 2019 • 20180913-01



**LOYOLA
MEDICINE**

2160 S. First Ave. ▪ Maywood, IL 60153
888-584-7888 ▪ loyolamedicine.org