

## LEARN ABOUT LABOR, BREASTFEEDING AND BABY CARE BASICS

Includes Tour of the Birthing Center

Saturdays, 10am until 3pm

January 20, March 16, May 18, July 20, September 21, November 16

## APRENDA SOBRE EL TRABAJO DE PARTO Y LA LACTANCIA MATERNA EN ESPAÑOL

 Incluye un recorrido por el Centro de Partos

Sábados, de 11am a 2pm

23 de marzo, 13 de julio, 30 de noviembre

### LEARN ABOUT BREASTFEEDING

Wednesdays, 6:30pm until 9pm

February 21, April 17, June 19, August 21, October 16, December 11

# BIRTHING CENTER DEPARTMENT TOUR

Sundays at 3pm

• Meet in Oak Park lobby

February 18, April 14, June 23, August 11, December 15



MacNeal Hospital 3249 South Oak Park Ave. Berwyn, IL 60402

### All Classes are FREE.



To register for classes, scan the QR code.

### For questions, contact:

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