



Statement Regarding Precautions for COVID-19 for All Patients

From: Loyola Medicine Lung Transplant Team

Subject: A Message to Patients from the Loyola Medicine Lung Transplant Team

Dear Patients,

Loyola Medicine is committed to the health and safety of all of our patients, especially our organ transplant and immunocompromised patients. Please follow the guidelines from the Centers for Disease Control and Prevention (CDC) to reduce your risk of getting sick from COVID-19 (also known as coronavirus or SARS-CoV-2):

- Keep 6 feet of distance between yourself and others, avoid crowds, and especially avoid anyone with symptoms of infection (including fever, cough or shortness of breath).
- Stock up on supplies (use mail order to deliver medications, have extra medications at home if possible, and have household items and groceries on hand)
- If you do need to go out in public, **wear gloves and a mask**, limit close contact in crowds, and **wash your hands often**.
 - Wash your hands often with soap and warm water for at least 20 seconds, especially after blowing your nose, coughing, or sneezing, or having been in a public place.
 - If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.
- Avoid touching high-touch surfaces in public places such as elevator buttons, door handles, handrails, handshaking with people, etc. Use a tissue or your sleeve to cover your hand or finger if you must touch something.
- If there is a COVID-19 outbreak in your community, stay home as much as possible to further reduce your risk of being exposed.
- Avoid travel until further notice from your transplant team.
- For more information, please review the CDC website or the American Society of Transplantation (AST) websites, as these are trusted resources.
 - <https://www.cdc.gov/coronavirus/2019-ncov/specific-groups/high-risk-complications.html>
 - <https://www.myast.org/coronavirus-disease-2019-covid-19-frequently-asked-questions>

Pay close attention for potential COVID-19 symptoms including, fever, cough, and shortness of breath. If you feel like you are developing symptoms, please CALL your nurse coordinator

immediately for further instructions and continue to monitor your vitals and spirometry closely. If testing or hospitalization is necessary, coordinating with the lung transplant team by calling first will allow the team to identify a safe location for testing and/or direct admission.

Loyola will continue to closely monitoring the situation. Please contact the Loyola Medicine Organ Transplant Center if you have any questions or concerns.

Sincerely,

Your transplant team at Loyola Medicine